



THE ORLANDO BRIDGE CLUB IN ALLIANCE WITH THE ALZHEIMER'S ASSOCIATION

PRESENTS THE

## LONGEST DAY ACTIVITIES JUNE 16-20, 2025

Official day is

June 21st

*Playing bridge regularly can offer cognitive benefits that might help with Alzheimer's disease or dementia prevention or delay. Studies show that bridge, along with other mentally stimulating activities like board games, musical instruments, crossword puzzles, and dancing, may reduce the risk of developing these conditions. Bridge specifically involves strategic thinking, memory, and social interaction, all of which can help keep the brain active and healthy.*

The Orlando Bridge Club is committed to raising funds on behalf of the Alzheimer's association & will be holding a fundraiser to benefit Alzheimer's research.

We are looking for cash donations, gift cards for the silent auction & any in-kind items that can be used in the silent auction or a raffle.

**PLEASE HELP US IN RAISING FUNDS FOR THIS WORTHY CAUSE**

**COME PLAY & SUPPORT**

WEEK OF JUNE 16-20

5151 LAKE HOWELL RD

WINTER PARK, FL 32792



*All auction items will be on display during the week for bidding*